

SFlmót í skíðagöngu með frjálstri aðferð 2010

Haldið á Seljalandsdal 16. janúar

Sæti	Rn	Drengir 9-10 ára 2 km	Timi
1	11	Sigurður Arnar Hannesson	00:06:31
2	12	Birkir Eydal	00:08:39
3	10	Magnús Þórir Þorsteinsson	00:10:26

		Drengir 11-12 ára 2,5 km	Timi
1	19	Daníel Ágúst Einarsson	10:00.15
2	20	Guðmundur Bjarnason	10:16.85
3	24	Dagur Benediktsson	10:23.90
4	23	Albert Jónsson	13:21.35
5	21	Fannar Fjölínsson	13:21.45
6	22	Vigri Bergþórsson	21:37.85

		Drengir 13-14 ára 5 km	Hringt. 1	Hringt. 2	Timi
1	26	Hákon Jónsson	00:10:37	00:10:54	00:21:30

		Drengir 15-16 ára 6,6 km	Hringt. 1	Hringt. 2	Timi
1	29	Arnór Freyr Fjölínsson	00:11:09	00:11:22	00:22:30
2	28	Teitur Magnússon	00:11:43	00:12:09	00:23:52

		Piltar 17-19 ára 9,9 km	Hringt. 1	Hringt. 2	Hringt. 3	Timi
1	39	Stefán Pálsson	00:10:35	00:11:20	00:11:23	00:33:18
2	38	Borgar Björgvinsson	00:13:15	00:14:31	00:14:28	00:42:12

		Karlar 35-49 ára 9,9 km	Hringt. 1	Hringt. 2	Hringt. 3	Timi
1	36	Einar Ágúst Yngvason	00:10:57	00:11:26	00:11:27	00:33:48
2	32	Heimir Hansson	00:11:30	00:12:05	00:11:51	00:35:24
3	34	Kristbjörn R. Sigurjónsson	00:11:31	00:12:06	00:11:57	00:35:32
4	33	Kristinn Halldórsson	00:13:48	00:15:02	00:14:27	00:43:16

		Karlar 50 ára og eldri 6,6 km	Hringt. 1	Hringt. 2	Timi
1	37	Próstur Jóhannesson	00:11:24	00:11:33	00:22:57
2	35	Marzellíus Sveinbjörnsson	00:12:39	00:13:22	00:26:01

		Stúlkur 9-10 ára 2 km	Timi
1	13	Katrín Ósk Einarsdóttir	00:06:37
2	18	Auður Líf Benediksdóttir	00:07:20
3	14	Arndís Ósk Smáradóttir	00:09:16
4	16	María Fjölínisdóttir	00:09:19
5	17	Unnur Eyrún Kristjánsdóttir	00:10:00
6	15	Guðrún Kristín Kristinsdóttir	00:11:01

		Stúlkur 11-12 ára 2,5 km	Timi
1	25	Hekla Dögg Guðmundsdóttir	00:11:31

		Stúlkur 13-14 ára 5 km	Hringt. 1	Hringt. 2	Timi
1	27	Arna Kristbjörnsdóttir	00:11:51	00:13:48	00:25:40

		Konur 17 til 19 ára 6,6 km	Hringt. 1	Hringt. 2	Timi
1	31	Silja Rán Guðmundsdóttir	00:12:32	00:13:20	00:25:51
2	30	Rannveig Jónsdóttir	00:12:54	00:14:10	00:27:04

		Konur 20 ára og eldri 6,6 km	Hringt. 1	Hringt. 2	Timi
1	40	Stella Hjaltadóttir	00:12:05	00:12:02	00:24:07
2	41	Jóhanna Oddsdóttir	00:15:23	00:15:53	00:31:16